

# Parental Negligence on Narcissism and Aggression Among Young Adults

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## Abstract

*Negligence means when parents brought up their child in the sense that endangers the health and life of their child. Parents are not able to take necessary steps and make proper decisions for them while rising up their child.. These forms of negligence are leaving a child alone when he or she needs protection or parents are unable to provide food, clothing, not able to pay medical attention or education to a child, or placing the child in harmful or dangerous circumstances abusive or sexually predatory person including exposing the child to a violent. Narcissism basically is an inflated self-image and addiction to fantasy, where there is excessive interest in admiration of oneself and there is lot of admiration about one's own physical appearance. It is one of the concepts in psychoanalytic theory, which was introduced in Sigmund Freud's essay On Narcissism. It is a social or cultural problem. Narcissism is one of the factors in trait theory and this approach studies human personality. Aggression is an overt behavior in which one often has harmful, social interaction with others and has intention of damaging or other unpleasant activities upon another individual. It may occur either in retaliation or without provocation. It can cause physical and emotional harms to others. The aim of the study was to study parental negligence on narcissism and aggression among young adults. The sample of the study was total of 120 subjects between the age group of 18 to 22 randomly selected from Delhi, Noida, and Meerut. The tools selected were a checklist for measuring parental negligence, Narcissistic Personality Inventory and Buss- Perry Aggression Questionnaire. The study conducted was to understand parental negligence will impact narcissism and aggression. The findings of the study show that parental negligence impacts the narcissistic personality and aggression among young adults. The suggested reason for this finding can be that when children gets neglected their basic needs such as clothing, education, basic nutritional level etc. are not met which creates tuffel in their mind and nature creating frustration which causes aggression. Children have difficulty in modifying their behavior as there is no one to correct.*

**Key words:** Parental Negligence, Narcissism, Aggression

**Classification-JEL :** I21, J17

## 1. INTRODUCTION

Negligence means when parents brought up their child in the sense that endangers the health and life of their child. Parents are not able to take necessary steps and make proper decisions for them while raising up their child. There are many forms of negligence which

parents knowingly or unknowingly treat their children with. These forms of negligence are leaving a child alone when he or she needs protection or parents are unable to provide food, clothing, not able to pay medical attention or education to a child, or placing the child in harmful or dangerous circumstances abusive or

sexually predatory person including exposing the child to a violent.

According to various researches it was seen that parental neglect can have a lot of impact on self esteem of a person which has a great impact on the person's self image. The person might become selfish or might become too aggressive because of the need that he or she is not able to meet. So I wanted to research on how much impact parental negligence has on narcissism and aggression among young adulthood.

Narcissism was first identified by Havelock Ellis in 1898. It an inflated self-image and addiction to fantasy, where there is excessive interest in admiration of oneself and there is lot of admiration about one's own physical appearance. Narcissism is one of the concepts in psychoanalytic theory, which was popularly introduced in Sigmund Freud's essay On Narcissism.

Aggression is an overt behavior in which one often has harmful, social interaction with others and has intention of damaging or other unpleasant activities upon another individual. It may occur either in retaliation or without provocation. It can cause physical and emotional harms to others. It may involve harming self property or verbal abuse and physical abuse. Most of the times it is seen that parents who always express negative emotions toward their child, or may be handle them roughly. This type of "negative parenting" results in aggressive, defiant kindergarteners and even affects adult behavior, the researchers said.

Aggressive behavior most of the times violates social boundaries. It can lead to breakdowns of relationships. Occasional aggressive outbursts are common and are even normal at right time.

## 2. REVIEW OF LITERATURE

Ban et al (2016) conducted research on "Mediating effects of teacher and peer relationships between parental abuse/neglect and emotional/behavioral problems" the

research revealed that there parental neglect was mediated by the peer relationship and teacher, therefore suggesting some implication for intervention with children who have suffered neglect and abuse. Problems of neglected children were discussed.

Grijalva et al. (2015) conducted study on "Gender differences in narcissism" The results of the study 1 revealed that men are more narcissistic than women. The gender difference remains stable in US college students over time. The study also investigated on three facets of narcissistic personality i.e. leadership/ authority facets, exploitative /entitlement and gender difference in grandiose/exhibition was much smaller. Further, the study revealed that vulnerable narcissism was marked by low self esteem, introversion and neuroticism. Study 2. Focused on the etiology of narcissism, role of narcissism in leadership and aggressive behaviour and clinical applications.

Centifanti et al. (2013) conducted research on "Emotional reactivity and the association between psychopathy-linked narcissism and aggression in detained adolescent boys" the research revealed that compared to those group who scored less on narcissism that high on narcissism are least psychologically reactive group. People who are narcissist in nature exhibits poor emotional regulation.

Calvete et al. (2012) conducted research on "Predictors of child-to-parent aggression" the study revealed that parenting that lacks warmth leads to narcissism and narcissism was seen only in boys in child to parent aggression.

Ritter et al. (2011) conducted research on "Lack of empathy in patients with narcissistic personality disorder" the research assessed cognitive and emotional empathy. The result revealed that narcissist people involves deficiency in emotional empathy whereas cognitive empathy remains unaffected.

Kawabata et al (2011) conducted research on "Maternal and paternal parenting

styles associated with relational aggression “and the findings of the research reveals that negative and positive parenting style of both the parents is associated with child's relational aggression.

Kotch et al. (2008) conducted research on “Importance of Early Neglect for Childhood Aggression” the aim of the research was to see relationship between early childhood neglect and later childhood aggression. The finding of the research revealed that there is a significant effect of early neglect on aggression scores.

Imbesi (2000) conducted research on “The Making of a Narcissist” the research revealed that narcissist personality occurs due to faulty parenting style. The paper concluded that narcissist personality occurs because care taker fails to provide optimal level of frustrating environment that helps child to develop realistic self image.

**3. METHODOLOGY**

**a) Aim:** To Study Parental Negligence on Narcissism and Aggression among Young Adults.

**b) Objectives**

- i) To study the effect of parental negligence on narcissism.
- ii) To study the effect of parental negligence on aggression.

**c) Hypothesis**

- i) There is a significant relationship of parental negligence on narcissism and aggression.
- ii) There will be a significant effect of parental negligence on narcissism and aggression.

**d) Sample Size:** 120 Locale Delhi, Noida, Meerut

**e) Description of Tool Employed:**

i) Narissistic Personality Inventory 1979 developed by Raskin and Hall in 1979 to measure narcissism as one of the personality trait. This test is based on the narcissism personality disorder definition given in DSM-III. This test consists of forty pairs of statements. For each pair the participant has to select the

**TABLE 1**  
**Description of Tool Employed**

S. No.	TOOL	AUTHOR	ITEM	RELIABILITY	VALIDITY
1.	Narcissistic Personality Inventory	Raskin And Hall	40	Alpha composite reliability .83,.74,.80,.90	Construct validity
2.	Buss-Perry Aggression Questionnaire		29	Internal consistency .72 and .89	Construct validity

one that participant feels best reflects his/her personality. Areas under which this test is divided are:

- Authority
- Exhibitionism
- Superiority
- Exploitativeness
- Vanity
- Self- Sufficiency
- Entitlement

ii) Buss and Perry aggression questionnaire (BAQ) 1992 is a 29 item self report measure. It was developed in 4 subscales of aggression i.e. verbal aggression, physical aggression, anger, and hostility. The internal consistency ranges from .72 to .89.

**f) Scoring of Buss- Perry Aggression Questionnaire:** The statements are on 5 point continuum “extremely uncharacteristic” to extremely characteristic” reversed scored items are 9 and 16 respectively. Individual performance will range from 29 to 145 respectively.

**4. PROCEDURE**

The checklist to measure parental negligence was created. Than the both the test Narcissistic Personality Inventory and Buss and Perry aggression questionnaire was given to those young adults who were neglected by their parents. After the questionnaires were filled the scoring was done for both the tests.

**5. STATISTICAL ANALYSIS**

Mean, Standard Deviation, Pearson correlation and Regression.

**TABLE 2**  
**Correlation of Parental Negligence on Narcissism and Aggression Among Young Adults Aggression**

	Narcissism	Aggression
Narcissism	1	-
Aggression	.695	1

Significant at \*\*0.01.

The above table shows correlation of parental negligence on narcissism and aggression among young adults. As shown above correlation is significant at(\*\* .01 level) is given. This table shows significant relationship of parental negligence on narcissism and aggression among young adults.

**TABLE 3**  
**Regression analysis of parental negligence on narcissism and aggression among young adults**

Predictors	Narcissism	Aggression
R	0.417	0.695
R2	0.174	0.483
Std. error of the Estimate	11.80	9.360
B	0.379	0.637
F	24.676	110.35
T	4.967	10.505
Std. error	0.000	0.000

Significant at level \*\*0.01

The above table shows regression analysis of parental negligence on narcissism and aggression among young adults. As shown above the significance of the F (\*\*at .01 level) is given. The above table shows there is a significant effect of parental negligence on narcissism and aggression among young adults.

**6. DISCUSSION**

The aim is to study parental negligence on narcissism and aggression among young adults. The research was conducted on a sample size of 120 among young adults of age between

18-23 years. Two tests and a checklist were used for the study i.e. Narcissism personality Inventory (Raskin and hall 1979), Buss and Perry Aggression Questionnaire(AH Buss and MP Perry 1992) and parental negligence checklist made with the help of my guide were used.

Mean, standard deviation, correlation and regression was taken out for the statistical analysis. The following results were observed.

By taking in to consideration both the variables hypotheses were formulated and significance level of both the hypotheses was tested respectively. Both the hypotheses were proved significant. It was observed that:

There is a significant relationship of parental negligence on narcissism and aggression. It was observed that most of the people who were narcissistic were falling in to the category of authority and exploitativeness showed high level of aggression. People high on exploitativeness and authority use other people or group for their own profit and advantage and when they fail to do so shows high level of aggression. There will be a significant effect of parental negligence on narcissism and aggression.

Through the present study it was proved that there is a significant effect of parental negligence on narcissism and aggression. The suggested reason for this finding can be that when children gets neglected their basic needs such as clothing, education,basic nutritional level etc. are not met which creates tuffel in their mind and nature creating frustration which causes aggression.

To conclude, I would like to state that many researches have proved that faulty parententing style plays important role in the behavioural malfunction of the children. Through the current study also it is proved that young adults who are neglected falls more under narcissistic personality and shows high level of aggression.

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